



Advances in Diabetes & Obesity Management 2022

October 7, 2022

8:00 AM – 4:00 PM

Courtyard by Marriott Iowa City University Heights
901 Melrose Avenue, Iowa City, Iowa

AGENDA

Friday, October 7, 2022

Rooftop, Marriot

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|-----------------|----------------------------------------------------------------------------------------------------|
| 7:30 – 8:15 am | Registration/Breakfast |
| 8:15 – 8:30 | Welcome
Yumi Imai, MD |
| 8:30 – 9:15 | Leon Jons, MD
Obesity and GLP-1 Medications |
| 9:15 – 10:00 | Katie Robinson, MD, PhD
Weight Stigma: Challenging a Harmful Norm |
| 10:00 – 10:30 | Break |
| 10:30 – 11:30 | Keynote
Joseph Aloï, MD, FACE, FACP
Integrating Technology into Diabetes Care |
| 11:30 – 12:15 | Diana Jalal, MD
Diabetic kidney disease: Dawn of a New Day |
| 12:15 – 1:25 pm | Lunch |
| 1:30 – 2:15 | Lauren Kanner, PhD
Polycystic Ovary Syndrome: Effects on Metabolism as well as Fertility |
| 2:15 – 3:15 | Amie Ogunsakin, MD
Improving outcome and decreasing risks: Diabetes care in older adults |
| 3:15 – 4:00 | Marcelo Correia, MD, MSc, PhD
Non-alcoholic fatty liver disease |
| 4:00 | Closing Remarks and Adjournment |

PROVIDED BY

The University of Iowa Roy J. and Lucille A. Carver College of Medicine,
Department of Internal Medicine, Division of Endocrinology & Metabolism



GENERAL INFORMATION

Intended Audience

This course is designed for primary care physicians, physician assistants, nurse practitioners, nurses, certified diabetes educators, and other health care providers.

Purpose

Primary care providers are in best position to educate, to motivate, and manage the health of patients with diabetes. We intend to improve knowledge and competence by discussing issues such as medications, nutrition, and physical activity related to obesity and diabetes.

Educational Objectives

Upon completion of this course the learner should be able to:

- Discuss the regulation of GLP-1 medications on eating behavior.
- Identify and mitigate weight stigma in the healthcare context.
- Review the data supporting use of continuous glucose sensors and automated insulin delivery in enhancing the care of persons with diabetes.
- Review the use of SGLT2 inhibitors in the management of patients with diabetic kidney disease.
- Discuss the clinical presentation and comorbidities of polycystic ovary syndrome.
- Review risk factor for hypoglycemia in older adults and discuss mitigation strategies.
- Discuss the epidemiology, pathophysiology, and current treatment of non-alcoholic fatty liver disease.

Registration Fees

The fee is \$180 for physicians, \$130 for nurses and physician assistants, \$100 for other diabetes health care professionals, and \$50 for students/residents. All fees include registration, instruction and educational materials, CME and CEU recording, parking, continental breakfast, refreshment breaks and lunch.

Space is limited. We encourage early registration to enable us to provide the best possible service to participants. A \$25 fee will be charged for canceled registrations.

Housing

Participants are responsible for making their own hotel reservations and may do so by contacting the Iowa City/Coralville Convention and Visitors Bureau (www.coralvilleiowacity.org) at (800) 283-6592 or any hotel in the Iowa City area including: The Courtyard by Marriott, the Graduate Iowa City Hotel (downtown): hotelVetro (downtown); the Hyatt Regency Hotel. Rates are not guaranteed.

Continuing Education Credit

The University of Iowa Roy J. and Lucille A. Carver College of Medicine is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

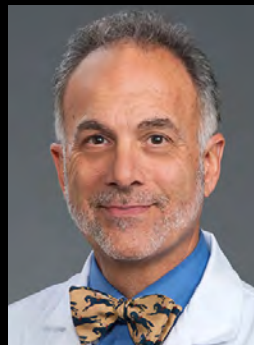
Physician: The University of Iowa Carver College of Medicine designates this live activity for a maximum of 5.75 *AMA PRA Category 1 Credits™*. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

Nurse: Effective March 18, 2020, Iowa nurses may use participation in ACCME-accredited education toward their CE requirement for licensure. A certificate of participation will be available after successful completion of the course. (Nurses from other states should confirm with their licensing boards that this activity meets their state's licensing requirements.)

Other Provider: All other participants will receive a certificate of participation for this conference upon completion of the online evaluation. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

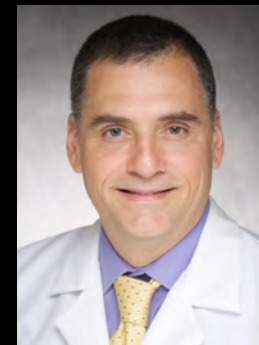
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PROGRAM FACULTY



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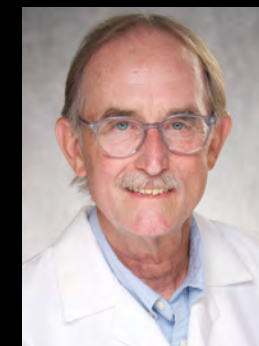
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